

AFRICAN AMERICAN COMMUNITY CALENDAR

Updated November 30, 2024

(Includes only activities and events in Frederick, MD and nearby areas that are open to the public)
(This calendar is a community service project of the Negro Business & Professional Women's Frederick Club) **If you wish your group's public event/activity added to this African American Community Calendar, send to rodoch@aol.com. PLEASE SHARE! EMAIL ANY ADDITIONS/CORRECTIONS!**

2024

NOVEMBER

30 “**2024 Youth Mentoring Program Applications**” Hosted by Frederick County Alumnae Chapter of Delta Sigma Theta, Inc. Applications for girls in middle school and high school are due on Saturday, November 30, 2024. Parents/Guardians are asked to email educ.fcacmd@gmail.com to request an application. See attached flyer.

DECEMBER

- 1** “**Let's Talk Puberty and Periods: Health Conversations for Black Preteen and Teen Girls**” – Hosted by What is Black, LLC. For girls under 14 with parent or legal guardian. 2 – 3 pm at Urbana Regional Library, 9020 Amelung Street Frederick, MD 21704. Join us for an empowering, informative afternoon with Dr. Jacqueline Douge, MD, MPH, FAAP, a seasoned pediatrician and public health provider with over 20 years of experience supporting youth health and wellness. This session is dedicated to Black preteens and teens, creating a safe, welcoming space to learn about puberty, periods, and self-care. Dr. Douge will lead engaging conversations to help young girls embrace the beauty of change and celebrate self-confidence. Register at: <https://www.eventbrite.com/e/lets-talk-puberty-and-periods-tickets-1077775899729>
- 6** “**Ladies Night Out: The Gift of YOU!**” – Whole Heart Center. 7 pm. Join us for an evening that's all about embracing and celebrating the beautiful, unique gift that is YOU! At Whole Heart Grief & Life Resource Center, we're hosting a night dedicated to self-discovery, self-appreciation, and meaningful connection. Let this evening serve as a warm reminder of your own incredible qualities and a joyful way to reconnect with yourself as we close out the year. Get ready to show off your holiday spirit with a fun and festive sweater contest! Register at: <https://wholeheartcenter.org/events/ladies-night-out-the-gift-of-you>
- 7** “**2024 Christmas Bazaar**” – 1st Missionary Baptist Church. 11 am – 3 pm. Hand crafted items & more; refreshments also for sale. 6430 Jefferson Pike, Frederick, MD 21703
- 8** “**Grateful Praise Gospel Christmas Concert**” - Frederick County Mass Choir at Jackson Chapel UM Church, 609 Ballenger Creek Pike, Frederick MD. 3 pm. Free will offering will support the choir's music ministry
- 10** “**Beyond Diet and Exercise!**” - Support healthy eating in Black families with children up to 6 years old by centering your voice to create culturally relevant, community-driven solutions. **Why Join Us? Make an Impact:** Shape solutions that support healthy eating for young families; **Safe Space:** Share your insights in a welcoming environment; **Be Part of the Movement:** Help build stronger, healthier families with young children. **Incentive:** Participants will receive a gift card as a token of our appreciation for your valuable contributions! 7 pm. Please register by scanning the QR code on the flyer or using the link provided. After registration, a Zoom link will be emailed to you. <https://www.whatisblack.co/registration-building-healthier-black-families>. Let's come together to make a difference!

- 14 **“Tropix After Dark” A Black Tie Gala**”- Tropix Pots Cuisines Bar & Grill, 490 Prospect Boulevard, Frederick, MD. 8 pm – 1:30 am. An unforgettable evening of elegance and celebration as we mark our one year milestone. Enjoy exquisite dining and entertainment. Tickets: https://www.eventbrite.com/e/tropix-after-dark-a-black-tie-gala-tickets1078900663929?utm_experiment=test_share_listing&aff=ebdsshios
- 18 **“Wholehearted Reading Club”** - Join the Wholehearted Reading Club, a unique women’s reading group hosted by the Whole Heart Center. Through powerful and uplifting literature, we offer a space for women seeking to deepen their personal growth, enrich their spiritual journey, and enhance their well-being. Connect with a like-minded community as we explore thought-provoking books and engage in enriching discussions. Upcoming book cycle: “Battlefield of the Mind” by Joyce Meyer. Meetings are virtual, twice per book cycle (Wednesdays; 7pm-8:30pm). Membership Fee: \$15 per book cycle. Register at: <https://wholeheartcenter.org/events/wholehearted-reading-club>

2025

JANUARY

- 18 **“22nd Annual Martin Luther King, Jr. Birthday Observance & Awards Breakfast”** – Frederick’s Negro Business & Professional Women’ Club. 9:30 am at American Legion, 1450 Taney Avenue, Theme: Possible: Protecting Freedom.” Guest Peaker: Dr. Cheryl Dyson, FCPS Superintendent. Tickets will be available – PayPal, Nanbpwcfredclub@gmail.com or any BPW club member. Information, call 240-422-5776. Ticket: \$55 includes breakfast. A portion of the proceeds supports our scholarship fund.
- 20 **“2nd Annual Martin Luther King Jr.'s Birthday Luncheon Fundraiser”** - Community of Grace Organization. 11 AM to 3 PM at the Delaplaine Arts Center. Celebrating eight dimensions of wellness, moving PhotoVoice exhibits, exciting silent auctions, inspiring speakers, a folk singer, drumming, and captivating ballerina performances. **Tickets at:** <https://www.eventbrite.com/e/community-of-grace-organization-second-annual-luncheon-fundraiser-tickets-1083625506059?aff=oddtcreator>

WEDNESDAYS

- “Bible Study”** – Asbury UMC. 7:00 – 8:30 pm. Use Zoom link: <https://us02web.zoom.us/j/85279265549?pwd=SzlWS3ZxcS9tdThiNVpsZmRhdfEzUT09>, for phone Zoom connection: Dial the phone number 1 646 558 8656, Meeting ID: 852 7926 5549, Password: 328578
- “Prayer Service”** - Jackson Chapel UM Church. 7 pm. www.jacksonchapelumc.org
- “Bible Study”** – Wayman AME Church. 7:00pm. Use Zoom link: <https://us02web.zoom.us/j/6442911322>, Meeting ID: 644 291 1322
for phone Zoom connection: One tap mobile +19292056099,,6442911322# US (New York)
+13017158592,,6442911322# US (Washington D.C)
- “Bible Study”** – Abundant Life Church. 7:30 pm on zoom: Meeting ID: 87472153928 Passcode: 785159

THURSDAYS

- “Bible Study”** – Jackson Chapel UMC. 7:00 – 8:00 pm.. Video conferencing using Zoom. <https://us04web.zoom.us/j/217120076>; meeting ID 217 120 076; Type Participant ID or Password: 919360

and Your Name. For audio only dial 1-301-715-8592 US, Type Meeting ID: 217 120 076# Enter Participant ID or Password: 919360#

“Love My Neighbor” - Race Relations Conversation. Open to the community hosted by Asbury & All Saints Episcopal churches. 7:00 pm. Zoom link:

<https://us02web.zoom.us/j/84034042232?pwd=ZUFtTUR0d2wyQ041VzFIdUFPRVhsQT09>; Meeting ID: 840 3404 2232 Passcode: 217970